

TOWNSHIP OF

Madawaska Valley

BARRY'S BAY | COMBERMERE | WILNO



**CANADA DAY
CELEBRATIONS**

**EXHIBITIONS
AT THE RAILWAY
STATION**

**COMBERMERE
AND WILNO
SUMMER EVENTS**

COMMUNITY RECREATION GUIDE

SUMMER 2017

 madawaskavalley |  @madawaskavalley | www.madawaskavalley.ca

For visitor information: 613-756-5885 or visit The Railway Station, 19503 Opeongo Line (Hwy 60), Barry's Bay

COVER IMAGE: DON MONET



The Railway Station

ART GALLERY • MUSEUM • VISITOR CENTRE
BARRY'S BAY, MADAWASKA VALLEY, ONTARIO, CANADA

19503 OPEONGO LINE • BARRY'S BAY | 613-756-5885
www.therailwaystation.com

HOURS: May and June from Wednesday to Sunday, 10 am to 4 pm
July and August daily from 10 am to 6 pm, and 10 am to 8 pm on Fridays
September to December from Wednesday to Saturday, 10 am to 4 pm

The Railway Station @Railway_MV @therailwaystation

EXHIBITIONS

MAY 5–JUNE 11

Archeology and Immigration
in the Madawaska Valley.

JUNE 16–JULY 23

Don Monet—Cottage Life
Ketha Newman—Backwoods
Join us at the opening on Friday
June 16 from 7 to 9 pm.

JULY 28–SEPTEMBER 3

Eva Kaczkowski—A Retrospective
Art From Trees
Join us at the opening on Friday
July 28 from 7 to 9 pm.

SEPTEMBER 8–OCTOBER 28

The Biannual Found Art Competition
South of 60—A Retrospective
Join us at the opening on Friday
September 8, from 7 to 9 pm.

ADULT CLASSES + WORKSHOPS

Site Specific Theatre Workshop

JULY 1 • 1 pm

With the Live History Theatre
Company, ages 15+.

Mystery Building Theatre Workshop

JULY 1 • 2 pm

With the Live History Theatre
Company, ages 15+.

Photo Collage for Painters

SUNDAY JULY 23 • 11 am–5 pm

With D.H. Monet. \$70 + \$40 for
materials, including a working lunch
at the Balmoral Hotel.

Art From Trees Workshop

AUGUST 19 + 26 • 10 am–1 pm

With Emma Manchester. \$110,
materials included.

CHILD AND YOUTH + FAMILY EDUCATION/WORKSHOPS

Site Specific Theatre Workshop

JULY 1 • 3 pm

Ages 7+.

Madawaska Valley Rocks

TUESDAY JULY 4 • 10 am–12 noon

Recreational geology for kids. \$10 per
child (accompanying adults free).

Colourmania!

JULY 11 and 13 • 1–3 pm

Guided colouring sessions with
Ketha Newman. Ages 8 to infinity.
\$10 includes materials.

Summer Art Camps

With Emma Manchester. \$160 per
4-day week. Discounts for siblings
(inquire with registration).

Celebrating Canada 150 Years

Ages 11–13.....July 3–6
Ages 8–10.....July 17–20
Ages 5–7.....July 24–27

Wild Canada Art Exploration

Ages 11–13.....August 7–10
Ages 8–10.....August 14–17
Ages 5–7.....August 21–24

Build a Dragon

SATURDAYS, JULY 1–AUG 26 • 2–4 pm

Saturday art club with Emma
Manchester. Free.

Poems Under Foot

SUNDAY AUGUST 27 • 1–3 pm

Exploring words and whimsy. \$10 per
child (accompanying adults free).

FESTIVALS AND EVENTS

Live History Theatre

JULY 1 • 6 pm

Movie Nights

FRIDAYS: JUNE 9, 23, JULY 7, 21

AUGUST 4, 18, SEPT 1 • 9:30 pm

In Railway Station Park.

World Wide Knit in Public Day

SATURDAY JUNE 10 • 11 am–4 pm

Whether you stay for the day or just
a short while, you can contribute to
a knitted blanket to welcome new
Canadians to The Madawaska Valley.

Madawaska Valley Artisan Festival

SATURDAY JULY 8 • 10 am–5 pm

Artists In The Park

SATURDAY JULY 8 • 1–4 pm

Emma Manchester, mixed media.

FRIDAY JULY 21 • 1–4 pm

Ketha Newman, painter, printmaker.

FRIDAY AUGUST 4 • 1–4 pm

Marcel Dion, woodcarver.

FRIDAY AUGUST 18 • 1–4 pm

The Wool Gathering, spinners.

Theatrical Heritage Walk

FRIDAY JULY 14 • 2 pm

Merchants' Tour of Barry's Bay. Your
host is resident and author Theresa
Prince, whose research into local
history and genealogy forms the basis
for many of the Heritage Walk plaques
in the village. Join Theresa on a one-
hour *shopping excursion* in Barry's Bay
of over a hundred years ago, as her
stories bring to life the people and
buildings of yesteryear. Remember
your walking shoes, hat, sunscreen and
umbrella—and be prepared for some
surprises! \$10 per person. Children
under 12 free. Pre-register at The
Railway Station, 613-756-5885.

Railroaders' Tour of Barry's Bay

FRIDAY AUGUST 11 • 2 pm

The excitement of steam transport
arrived at the frontier outpost of Barry's

Bay in 1894. For nearly 90 years, the railway connected the Madawaska Valley to the world beyond. Let local rail enthusiast *conductors* take you on a one-hour walking tour of our railway heritage sites. Relive the romance of rail as their tales unfold. Bring your railroading essentials—walking shoes, hat, sunscreen, umbrella—and a taste for adventure! \$10 per person. Children under 12 free. Pre-register at The Railway Station, 613-756-5885.

Taste of the Valley
FRIDAY AUGUST 18 • 10 AM–5 PM

There's Art in Your Woodpile Festival
SEPTEMBER 16

Creative wood stacking competition, live music, vendors and food.

Take a Cultural Tour
THROUGH THE MADAWASKA VALLEY

ENJOY MUSIC, POEMS AND GEOLOGY ALONG THE WAY!

Music on the Trail

THURSDAY AUGUST 10
12:30–1:30 pm
 JR Booth Railway Line Trail, Wilno.

THURSDAY AUGUST 17
12:30–1:30 pm
 TBA, Barry's Bay.

THURSDAY AUGUST 24
12:30–1:30 pm
 Crooked Slide Park, Combermere.

Poetry Please
Community Poems Tour

Find the community poems poems! Check the map at poetryplease.ca and tour the poems installed all across the Madawaska Valley!

Recreational Geology Tour

Locations, map and information for rockhounds available at The Railway Station. At the heart of our valley is the Madawaska River. As it cascades through a billion years of Earth's history, the river reveals an important part of the unique geological heritage that is the foundation of life in Ontario's Highlands region.



Marcel Dion, woodcarver, Artist in the Park, August 4



There's Art in Your Woodpile Festival



Colourmania! with Ketha Newman



Don Monet, Cottage Life, June 16 to July 23

Madawaska Valley Community Events

Summer Camps in the Madawaska Valley



Ages 6 to 13. Seven themes, 30 kids per camp maximum. \$85/week per child. 9 am–3 pm. Registration forms at www.madawaskavalley.ca under Resident Service, Sport Registration. fitness@madawaskavalley.ca

BARRY'S BAY

July 3–7 Athlete Central
July 17–21 Great Outdoors
July 24–28 Mad Science
August 8–11 Movie Mayhem
August 14–18 Animal Planet

COMBERMERE

July 10–14 Art Attack
July 31–August 4 Amazing Race

Barry's Bay Triathlon and Duathlon

SUNDAY JULY 2 • 9 am

Start with the 750 m swim in clean, beautiful Kamaniskeg Lake, then cycle 32 km through the scenic and challenging hills around Barry's Bay, with the 8 km run to the finish at the beach on Lakeshore Drive, just a few minutes' walk from Downtown Barry's Bay. This is a triathlon that everyone will enjoy! Register online www.barrysbaytriathlon.com. 613-756-9945, director@barrysbaytriathlon.com

Opeongo Seniors Annual Fish Fry

SATURDAY JULY 8

Come out to this summer fundraiser for the Opeongo Seniors' Centre. 19 Stafford St, Barry's Bay, 613-756-0554, info@opeongoseniors.ca www.opeongoseniors.ca

15th Annual Beach Volleyball Tournament for HD

JULY 15

Barbeque, great prizes and music! Drop-ins are welcome. You don't have to play volleyball to join in on the fun! Two women must be on the court at all times! All proceeds go to the Huntington's Society of Canada! Registration \$100 total per team, \$20 beforehand to reserve your spot! Lakeshore Park, Barry's Bay. volleyforHD@gmail.com

Holy Canadian Martyrs Parish

JULY 22 • 8–11 am

Church pancake breakfast and Catholic Women's League (CWL) bake sale at the Combermere Community Centre (around the corner from the Farmer's Market).

KAPOA Poker Run

SATURDAY JULY 29

Barry's Bay Dock. Ed Kobylka, President, rockytop695@yahoo.ca

Lumberjack Lunch

FRIDAY AUGUST 4

The Opeongo Seniors will be serving a Lumberjack Lunch—fried bologna sandwiches, baked beans, fried potatoes, butter tart for dessert. The servers will be wearing blue jeans and plaid shirts. Outside will be a chainsaw carving demonstration.

KAPOA Annual Regatta

SATURDAY AUGUST 5 • 12 noon

Sailing starts at 11 am. Ed Kobylka, President, rockytop695@yahoo.ca

Rockingham Church 17th Annual Celebration

SUNDAY AUGUST 13 • 2 pm

Speaker Gerald Tracey. Music by The OK Chorale. Open to all. 513 Rockingham Road (County Road #68). 613-757-2559

Canada Day



CANADA 150

Help the Madawaska Valley celebrate Canada's 150th Anniversary!

JUNE 30–JULY 2

Come and celebrate by participating in many of our community events including... a house decorating contest, Canadian-themed movie night, Canada 150 Parade, time capsule, live music, tennis tournament, Smash Wrestling, triathlon, fireworks and more.

Throughout the weekend, take part in events in Combermere, Barry's Bay and Wilno.

Check out our Facebook page Madawaska Valley #150 or use our hashtag #MV150 to learn more about events taking place in the Madawaska Valley all summer long!

Funding for Canada Day 150 Celebrations provided by the Township of Madawaska Valley and the Department of Canadian Heritage.



KAPOA Corn Roast and Lit Boat Parade

SATURDAY SEPTEMBER 2 • 5:30 pm

At Hinterland Beach. Ed Kobylka, President, rockytop695@yahoo.ca

Whitewater Events

247 River Road, Barry's Bay
613-756-3620, paddle@owl-mkc.ca

JULY 1-3: Whitewater Nation — Canada's 150th paddling celebration.

AUGUST 8, 9, 10: Annual slalom races.

Annual Madawaska Valley Studio Tour

JULY 22-23 and SEPT 30-OCT 1
10 am-5 pm

The summer tour brings art outside into its natural environment. Enjoy the opportunity to visit our studios during our popular cottage season as well as our annual autumn tour.
www.madawaskastudiotour.com
www.facebook.com/madawaskastudiotour

Family Physicians Needed!

Picture yourself in Barry's Bay and Area. Are you interested in practicing family medicine in an area that is recognized as a world-class paddling destination, offers beautiful scenery, a flourishing arts and culture community as well as a range of recreational activities in all seasons, only minutes away from Algonquin Park? Practice where you can live! 613-633-9252, www.pictureyourselfinbarrysbandarea.com

Property Associations

Kamanisseg Area Property Owners' Association

KAPOA serves the interests and concerns of property owners on Kamanisseg Lake and the Madawaska River between Bark Lake and Palmer Dams. We focus on the well-being of our lake, river and natural surroundings. KAPOA AGM, July 8, 9:30-11:30 am, Combermere Community Centre (members only). Ed Kobylka, President, rockytop695@yahoo.ca

Kaszuby Cottage Association

Ted Bialy, President, Ted72@sympatico.ca

Kuiack Lake Cottage Association

Sophia Sudnikowicz, President/
Treasurer, sophiameister@bell.net,
kuiack.lake.cottage@bell.net

Paugh Lake Property Owners' Association

Steve Clarke, President,
Sjclarke101@outlook.com

BUSINESS LISTINGS

MADAWASKA VALLEY AND SURROUNDING AREAS

ACCOMODATION

Hush Lodge & Cottages

Intimate lakeside resort in Ontario's Highlands. Explore Madawaska Valley from Our Doorstep! 40621 Combermere Rd/Hwy 62, Barry's Bay 613-756-8008, 855-756-8008, getaway@hushlodge.ca, hushlodge.ca

Jack's House

Fully equipped guest house.
32 Stafford St, Barry's Bay.
613-756-2225 or 613-756-2724,
www.bbcanada.com/7587.html

Madawaska Lodge

Restaurant and accommodations.
3121A Hwy 523, Madawaska. 613-637-2725, info@madawaskalodge.com, www.madawaskalodge.com

Mountainview Motel

Guest breakfast (all year) and winter supper room, B102 snowmobile/ATV trail at the door. 18508 Hwy 60, Barry's Bay. 613-756-2757, 1-800-363-6936, sales@mountainview-motel.com, www.mountainview-motel.com

Pinewood Inn

Comfortable family-operated motel. Quiet backyard with lake view. Free WiFi. 378 John St. (CR 62) Barry's Bay. 613-756-1333, 855-756-1333, pinewoodinn@gmail.com, pinewoodinn.ca

Riverland Lodge & Camp

Camping, bed and breakfast, rental housekeeping units, canoe rentals. 25141 Hwy 60, Madawaska. 613-637-5338, info@riverlandlodge.com, riverlandlodge.com

ADVENTURE

Aqua Rose Gems and Minerals

Register and pay fee at Kauffeld's Store, Quadville. 613-756-1361, berylpit@nexicom.net

Barry's Bay Outfitters

Sales, rentals and repairs. Guided daytrips and instruction. 19431 Opeongo Line, Barry's Bay. 613-756-9009, www.barrysbayoutfitters.com

Hush Adventure Getaways — ATV Tours

Discover the hidden beauty of Ontario's Highlands during a fun and safe guided SxS Tour. 40621 Combermere Rd/Hwy 62, Barry's Bay 613-756-8008, 855-756-8008, getaway@hushlodge.ca, hushlodge.ca

Madawaska Kanu Centre

Kayak and canoe instruction.
613-756-3620, paddle@owl-mkc.ca, www.mkc.ca

Madawaska River Rafting

Two-hour mid-week trips run at 10,12 and 2 pm, for all ages. 1-888-652-5268, paddle@owl-mkc.ca, www.mkc.ca

Madawaska River Rentals

Whitewater and flatwater canoe and SUP rentals and outfitting. Shuttles, valet, delivery. 613-758-2165, www.madriverrentals.ca

DINING

Bent Anchor Bar and Restaurant

Casual dining and entertainment on Madawaska River with boat access. 39402 Combermere Rd, Hwy 62, Combermere. 613-756-9558, wilnostation@gmail.com, www.bentanchorbar.com

Charlie D's

Poutine with personality, yummiest burgers, gluten-free menu, Tracey's Ice Cream, and much more!
19349 Opeongo Line, Barry's Bay. 613-756-7162, charlie@charlieds.com, www.charlieds.com

Riverside Café on the Madawaska

Paninis, pastries, teas, coffee and lattes, serving Madawaska Coffee. 247 River Road, Barry's Bay. 613-756-3620, www.mkc.ca

Tim Hortons

Open 24 hours. 19407 Opeongo Line (Hwy 60), Barry's Bay. 613-756-0008, timhortonsbarrysabay@outlook.com, www.timhortons.com

Wilno Station and Country Kitchen

Country store with full-serve gas and casual dining with patio. 17843 Hwy 60, Wilno. 613-756-3618, wilnostation@gmail.com, find us on Facebook.

Wilno Tavern Restaurant

Family dining in a historic Polish pub. 17589 Hwy 60, Wilno. 613-756-2029, info@wilnotavern.com, www.wilnotavern.com

Business listings continue on page 7...





Clubs, Societies, Associations

Community Policing Advisory Committee — CPAC

The local Community Policing Advisory Committee (CPAC) is a municipal initiative (Madawaska Valley; Killaloe, Hagarty and Richards; Brudenell, Lyndoch and Raglan; Greater Madawaska; North Algona Wilberforce) to work with the OPP to enhance public safety, address shared issues and examine best practises in overall protection in our townships. For questions about safety, protection, or services provided, contact your township and request a referral to your CPAC representative.

Heritage Society: Barry's Bay Genealogy Group

Founded to help families find their roots, the Barry's Bay Genealogy Group meets the third Wednesday of the month at 7:00 pm at the Madawaska Valley Public Library. Contact Linda Pecarski, 613-756-2094, linren@hotmail.ca. Theresa Prince, 613-756-1085, taprince@sympatico.ca.

Madawaska Valley Friendship Club

Calling all friends of the Madawaska Valley. Are you looking for interesting times, great food and meeting new people? Activities such as book club, cards, quilting/crafts, and outings/excursions are organized throughout the year. We meet on the first Tuesday of each month over potluck dinners or lunches. New members are welcome at \$15/year. Contact Iwona Mooney, 1090 Farmer Rd., Combermere. 613-756-3587

Madawaska Valley Horticultural Society

Monthly meetings every third Thursday of the month (except July and December) at 7:30 pm, Opeongo Seniors' Centre, 19 Stafford St., Barry's Bay. \$10 annual membership or \$5 one-evening fee. www.gardenontario.org/site.php/madawaska

June 15 • 6:30 pm: Strawberry Social, plus Edible and Medicinal Herbs with Diana MacAuley.

July 2 • 5 pm: Garden barbeque and auction, location TBA.

August 17: Hemp Farming with Reuben Stone of Valley Bio, Cobden.

Sept 21: Plant Auction with Miko Czerny.

October 19: Film *Call of the Forest: Forgotten Wisdom of Trees* with Diana Beresford-Kroeger.

Saturday May 20: Annual Plant Sale, 8 am sharp at the Combermere Craft Cabin on Hwy 62.

July 9: Garden Tour. Tickets and map \$5, available at The Railway Station, Barry's Bay; Valley Market, Combermere; Grandma's Pantry, Killaloe.

August 19: Flower and Vegetable Show, 1-3 pm, public viewing and the Inez Boehme Bursary Tea, The Royal Canadian Legion, Hwy 62 and Stafford St.

Opeongo Seniors' Centre

The Opeongo Seniors 50+ Centre offers activities such as exercise classes, line dancing, square-dancing and shuffleboard. Drop in for a chat, a cup of coffee or to use our library or access our WiFi. We also offer various educational programs, throughout the year. New members are accepted at the centre, \$25/year, payable every October, and pro-rated to when you join. 19 Stafford St., Barry's Bay, 613-756-0554, info@opeongoseniors.ca, www.opeongoseniors.ca

Renfrew County Museums Network (RCMN)

The Madawaska Valley boasts many RCMN museums and heritage partners. Hard work and good times built the Valley. Use your Museums Passport this summer to explore the many heritage sites of the Renfrew County Museums Network. Wherever you are in the Valley you're always close to a memorable story! Facebook: Renfrew County Museums Network, @RenfrewCoMuseums, renfrewcountymuseums.org

Zosia's Embroidery Club

Zosia (Sophie) Kosinski of Wilno teaches traditional Kashubian embroidery using the seven basis colours of the Zukowo school. From June to Thanksgiving weekend, members meet each Saturday afternoon from 1 to 3 pm on the veranda of the Heritage Farmhouse in Wilno Heritage Park. Beginners are welcome! Contact Zosia Kosinski. 613-756- 3328, aldon375@hotmail.com

MADAWASKA VALLEY Fitness Centre

OPEN THIS SUMMER!
Spring and Summer Hours



Monday to Friday • 7:30 am-1:30 pm
fitness@madawaskavalley.ca

Facebook: Madawaska Valley Fitness Centre

GYMNASIUM SCHEDULE

MONDAY	WEDNESDAY	THURSDAY	FRIDAY
Volleyball 6 pm-7 pm	Badminton Night! 7:30 pm-9 pm	Ball Hockey 7 pm-8 pm	Volleyball 6 pm-7 pm
Basketball 7 pm-8 pm			OLSWA Activity Night 7 pm-9 pm
Ball Hockey 8 pm-9 pm		Volleyball 8 pm-9 pm	



Sports Clubs and Programs

Barry's Bay Sledge Hockey Club

For information regarding our programs, contact Anita Jessup, 613-756-9406, jessup2081@hotmail.com.

League Softball/Baseball

Madawaska Valley Little League begins mid-May and runs to mid-July. Ages 4–16. Contact Tracy Murray, 613-602-3327 or Mary Prince, 613-732-0613, princefamily6@sympatico.ca

Lakeshore Tennis Club

Welcome to the 2017 tennis season! Memberships and keys are available at the Township of Madawaska Valley office, 85 Bay St., Barry's Bay. All levels and ages are welcome on a seasonal, weekly or daily basis. Contact Beverley Moore, lakeshoretennisbb@gmail.com

MV Swim Program

The 2017 Red Cross Swim Program is available in Barry's Bay and Combermere, beginning the first week of July and running for two 3-week sessions. Red Cross qualified Water Safety Instructors deliver the course, which runs every weekday, rain or shine. Participants enjoy small class sizes and excellent attention. Classes offered include: Red Cross Preschool Swim Program (ages 4–6), Red Cross Swim Program Levels 1–10 (ages 7–15), Lifesaving Society Bronze Star, Bronze Medallion and Bronze Cross. Session 1: July 3–July 21. Session 2: July 24–August 11. Find registration forms at www.madawaskavalley.ca, under Resident Services, Recreation, Sports Registration.

Madawaska Valley Dance

Dance classes for children ages 18 months to seven years at the Combermere Community Centre. Register online anytime, or in person on July 6, 5–7 pm. www.madawaskavalleydance.com.

BUSINESS LISTINGS, con't.

MADAWASKA VALLEY AND SURROUNDING AREAS

GALLERIES

Hillside Paintings and Pottery

Two award-winning artists, stunning view, garden. Wed–Sat, 11 am–4 pm, or by chance or appt. 888 Wilno South Road. 613-756-9283, joyce@joyceburkholder.com, www.hillsidepaintingsandpottery.com

Linda Sorensen, Artist

Wilno Hills Gallery

See award-winning iconic wilderness paintings and reproductions, in a waterfall garden and gallery setting. By appointment. Wilno to 1012 O'Grady Settlement Rd., 6.4 km. 613-756-0478, linda@lindasorensen.com, www.lindasorensen.com

Madonna House Gift Shops

Gallery and Pioneer Museum. Unique collection of collectibles, curios and antiques. Something for everyone. 2887 Dafoe Rd., Combermere. 613-756-3713, www.madonnahouse.org

Wildcraft Studio

Copper jewellery and handblown glass. 8 km south of Combermere. Summer: Wed–Sat, 11 am to 4 pm or by chance. 37710 Hwy 62, Combermere. 613-756-1329, debwildchap@gmail.com, www.madawaskastudiotour.com

The Wilno Craft Gallery

Canadian art and craft. 19 Borutski St., Wilno. 613-756-3010, wilnogallery@gmail.com, wilnocraftgallery.com

RETAIL

BlueSkyeHwy60 & Bliss-Art2Eat

Bakery, party pantry, vintage and comfy clothes, happy hippy beads. 24423 Hwy 60, Madawaska. 613-633-3314, 613-637-2029, bodona137@aol.com, www.blueskyeshwy60.com

Cat Nap and Lazy Dog

Pet Outfitters

For pets at home, cottage and campsite. 16569 Opeongo Line, Barry's Bay. 613-756-5328, catnaplazydog.com, info@catnaplazydog.com

Grandma's Pantry

For all your health food and supplement needs. 183 Queen St., Killaloe. 613-757-0497, melissa@grandmaspantry.ca

Sigrid Natural Skin Care

We offer fresh, 100% natural products, crafted with local, wild and homegrown plants. Located in the heart of the Madawaska Valley, 30 Burchat St, Wilno. 613-756-7890, sigrid@sigridnaturals.com, www.sigridnaturals.com

SERVICE

Barry's Bay Dental Hygiene Clinic

Friendly, preventative, oral health care made accessible. 19674 Hwy 60, Barry's Bay. 613-756-MOUTH (756-6884), info@bbdhc.ca, www.bbdhc.ca

Brian Tyrrell, Registered Massage Therapist

Professional massage therapy for relaxation, pain relief and healing. Remedies for resolving mental and emotional stress. 43 Dunn St, Barry's Bay. 613-756-9959

Cathy Pitts, Broker Re/Max

Country Classics Ltd., Brokerage Attentive, respectful service to help you to Sell or Buy in the valley! 613-756-6789, cathy@cathypsells.com, www.cathypsells.com

CB Insurance and Investments

Clifford G. Blank. 109 Dunn Street, Barry's Bay. 613-756-2764, cell 613-314-8378, cmblank@sympatico.ca, www.CBInsuranceAndInvestments.com

Etmanskie Heating Services

613-756-2199 or 613-401-4021, ChantalEtmanskie@live.ca, EtmanskieHeatingServices.com

Kim Y Hanewich—Circles of Balance

B.A.(Hons.) Acc.FM(OAFM). Kim offers services as an accredited family mediator informed by traditional circle-keeping and family court experience. 613-756-5352, info@circlesofbalance.ca, www.circlesofbalance.ca

Lorraine's Pharmasave

Full-service retail pharmacy. Ideal Protein Weight Loss Program. 19566 Opeongo Line, Barry's Bay. 613-756-2013, fax 613-756-1216, lorpharm@hotmail.com, www.lorrainespharmacy.com

Nadia Kinderman, RMT and private yoga instruction

Therapeutic massage for pain relief of chronic/acute conditions/injuries, pregnancy pre/post-partum, and relaxation treatments. Thursdays and Fridays @ 43 Dunn St., Barry's Bay, 613-281-5488, nadiakindermann@gmail.com

WELLNESS

Laughing Falcon Yoga and Wellness Center

Explore movement, freedom and self-discovery. Untap what lies within. 38 Bay St. Barry's Bay. 613-756-9058, laughingfalconyoga@gmail.com, www.laughingfalconyoga.com

Eve's Escape Spa

Full-service day spa offering everything that makes you smile and more. 19595 Opeongo Line, Barry's Bay. 613-401-4595, evesescapespa@gmail.com, www.evesescapespa.ca

Combermere

CO Blitz

SUNDAY AUGUST 6

The Combermere Recreation Committee is proud to present the Cardboard Boat Races at Mayflower Park. Teams can pre-build or build on-site a cardboard boat to race around an obstacle course. Enjoy a bite to eat and some great live music throughout the evening at the Bent Anchor. Contact Stephanie Parks, freshwaterdreams@gmail.com

Combermere Craft Cabin

Showcasing local artists and artisans and unique handmade items. Operated by volunteers for forty years, this not-for-profit co-operative continues to donate profits to local charities. Items reflect the visions, ingenuity, awareness and hearts of their creators. We're celebrating forty years of operation from our centenarian log cabin with an open house for members and friends on Sunday June 22, 11 am-4 pm. As well, a Canada Corner will focus on Canada's 150th celebrations. Visit the Combermere Craft Cabin, 39244 Combermere Road (Hwy 62). Open May, June, September, October on Saturdays from 11 am-4 pm. In July and August from Wednesday to Saturday, 11 am-4 pm and Sundays 12 noon-4 pm. Season begins May 20. Facebook: Combermere Craft Cabin.

Mission House Museum and Gallery

Visitors from all over the world come to better understand the rich history of the Combermere community. There are over 45 stories in the museum with photos, storyboards, and artifacts. The society has installed 15+ steel plaques with storyboards depicting area heritage sites and conducts walking tours during the summer months. Open June 29 to September 2, Wednesday to Saturday, 10 am-4 pm, or by appointment for small groups. Admission by good-will offering. 1050 Mill St., Combermere. 613-756-2259, kelleydavid0@gmail.com, www.missionhousemuseum.com

Madonna House Heritage Fest

SEPTEMBER 2-3 • 1-4 PM

A celebration of heritage crafts and local history. Hands-on demonstrations of crafts. Museum tours. Family fun. 288 Dafoe Rd, Combermere.

Farmers' Markets

Barry's Bay Farmers' Market

Every Friday, May 27 to Thanksgiving from 11 am-4 pm, Barry's Bay Railway Station Park, Hwy 60

Combermere Farmers' Market

Every Saturday, June to Thanksgiving from 8 am-12 noon, Hwy 62, at the corner of Mill St.

Wilno

Wilno Recreation Committee

Follow us on Facebook at "Wilno Rink" for details on our fall corn roast. Also look for ball hockey programs running spring and summer.

Polish Kashub Heritage Museum/Skansen

Vist this open-air ethnographic museum, built by the Wilno Heritage Society, descendants and friends of the Polish Kashub people in Canada. It is dedicated to the hardworking Polish Kashub pioneers and tells the story of their lives in Canada using artifacts, furniture, machinery, tools, buildings, archival items, special displays and homestead stones. This summer, the theme is "Mapping Our Roots in Canada and Early Settlement," showcased in the Timber Frame Shed. Admission by donation. Heritage Park in Wilno, open daily in July and August, 11 am to 5 pm. 613-756-6937, www.wilno.org, FB: Polish Kashub Heritage Museum

Madawaska Valley PUBLIC LIBRARY

Free wifi and computer access. Access to eBooks and eResources with a library account.

Visitors: Temporary memberships can be purchased at \$10 for three months.

Children's Summer Programs

JULY 10-AUGUST 18

Craft and Story Time, for children 3 to 5 years. Summer Reading Club offers activities for children 6 to 8 years.

Summer Reading Club offers activities for children 9 to 12 years. Special Craft Tuesdays for children 8 to 12 years. Librarian for a half-hour, for children 7 and older. Computer tutorials— one-to-one sessions by appointment. **613-756-2000, admin@madawaskavalleylibrary.ca www.madawaskavalleylibrary.ca**

Summer Hours July 3-August 25

Mon 11 pm-5 pm
Tues 11 pm-7 pm
Wed 11 pm-5 pm
Thurs 10 am-5 pm
Fri 11 pm-5 pm
Sat 9 pm-1 pm

Regular Hours

Mon 1 pm-5 pm
Tues 1 pm-7 pm
Wed 1 pm-5 pm
Thurs 10 am-5 pm
Fri 1 pm-5 pm
Sat 9 pm-1 pm